

WATCH YOKE VAN DAM SPEAK



y-connect



Yoke van Dam - Exiting fight or flight mode

Stress in client-facing roles doesn't just affect well-being — it hits retention, conversion rates, and satisfaction scores. Organisations that invest in regulating performance under pressure build healthier cultures and stronger businesses.

Yoke van Dam — the Kintsugi Queen — works with fractured and disjointed teams, helping them transform into collaborative, committed, and cohesive superstars. As a professional speaker and business consultant, she partners with leaders to co-create winning outcomes and unleash the untapped potential sitting right inside their teams.

What changes after she walks in?

- Identify triggers that undermine client relationships and apply neuroscience-backed techniques to exit fight-or-flight in real time
- Build a growth mindset that handles setbacks and difficult clients without reactivity
- Show up to every interaction regulated, present, and professionally compelling
- Strengthen client relationships through emotional intelligence and adaptive communication
- Create a team culture where pressure is managed — not absorbed in silence
- Available as a keynote (45–60 min), half-day workshop, or integrated leadership programme module.



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BOOK YOKE VAN DAM

What They Say

2 out of the first 3 presenters applied the techniques you taught them immediately. **Corlien Agenbach, Booker — Anglo American**

Her authenticity, deep knowledge, and practical wisdom shone through — relatable, empowering, and consistently valuable. This was my 3rd time seeing her speak, and the value only grows.

Sashai Yhukutwana, MC-PANSA Platinum PA Summit & awards

The focus on Emotional Intelligence provided practical tools to manage conflict with ease. A valuable investment in our team's growth — the positive impact on our business was clear

Nima Gagjee, Former CEO, Poswa Inc -Commercial law firm.

You got them all thinking in a new direction. You achieved exactly what I was hoping for

Sandy Fuhr, CEO-BTI Institute

A Unique experience

- Audiences across industries consistently describe her as authentic, relatable and the kind of speaker who leaves a mark long after she's left the stage.
- She hands you the tools, not just the inspiration — It's one thing to feel fired up in the room. It's another to walk out knowing exactly what to do on Monday morning. Yoke delivers both, every single time, and her audiences come back with proof that it worked.
- The numbers speak for themselves — Consistently scoring in the high 80s to 100s across corporate, wellness and professional association audiences, with perfect scores and unprompted standing-ovation-worthy feedback.
- The biggest complaint? She doesn't speak for long enough — When your audience's only criticism is that they wanted more of you, you know you're doing something right. Yoke's sessions regularly leave rooms buzzing and people asking when they can book her again.



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